



LAFAYETTE HEALTH CLUB

**85 Lafayette Circle, Lafayette, CA 94549
(925)284-7732**

Directions to Lafayette Health Club:

From the East / Walnut Creek:

- Take Hwy. 24 going West, towards Oakland.
- Exit at Central Lafayette.
- You will come off the right side of the freeway and turn left at the light.
- Stay in the left lane, and turn left again at Oak Hill Rd.
- As you come to the light at Mt. Diablo Blvd. you will want to be in the middle lane.
- Go straight through the light. This becomes Lafayette Circle.
- Follow it as it curves slightly to the right and you will find Lafayette Health Club on the left, just two doors down from Chow's Restaurant.

From the West / Oakland:

- Take Hwy. 24 going East, towards Walnut Creek.
- Exit at Central Lafayette.
- As you come off the freeway, you are on Oak Hill Rd.
- Turn right and you will come to the light at Mt. Diablo Blvd. You will want to be in the middle lane.
- Go straight through the light. This becomes Lafayette Circle.
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